



PRESS CONTACT
Sister Maxine Kollasch, IHM
Donna Heckler
ride@cyclingsisters.org

Cycling with Sisters takes to the road on a pilgrimage of prayer and action

FOR IMMEDIATE RELEASE (March 10, 2020) – A new initiative called [Cycling with Sisters](#) is rolling out in North America this year. It is a series of bike rides in which Catholic sisters, friends and neighbors share a pilgrimage of cycling, friendship and prayer.

Four rides are slated for 2020: in Charlottetown, PEI (June); Monroe, Michigan (July); Clinton, Iowa (July); and Chicago, Illinois (September). Each ride includes stops along the route for prayer and conversation about the urgent needs of people and the planet. The rides are open to the public, and details are available on the Cycling with Sisters website.

Cycling with Sisters is a project of A Nun's Life Ministry and the Communicators for Women Religious (CWR), in partnership with the GHR Foundation.

"The rides invite people of all ages into prayer and action for the needs of the world," said Sister Maxine Kollasch, IHM, executive director of A Nun's Life Ministry. These include issues such as care for the environment and ending hunger and homelessness—"issues at the heart of the mission of Catholic Sisters around the world," said Sister Kollasch.

"When people participate in a local ride, they're also part of the larger Cycling with Sisters community," said Kathryn Gatliff, Interim Executive Director of CWR. "This helps to create a larger network of people who seek to bring about positive change in the world."

Cycling with Sisters offers many ways for people to participate—even if they're not at the bike rides. During the rides, there will be activities such as livestreaming at the prayer stops and live tweeting from the road so that people at a distance can join via internet. Cycling with Sisters is present online throughout the year on major social media platforms as well as its website.

[A Nun's Life Ministry](#) (NL) is an online ministry that helps people discover and grow in their vocation, wherever God is calling them. We are Catholic sisters and nuns who engage with a vibrant online community around faith, vocation, and finding joy in everyday life. We interact with people in 175 countries and all walks of life.

[Communicators for Women Religious](#) (CWR) is a professional organization of personnel responsible for communications within Catholic religious congregations of women. CWR provides networking and professional education for its members who communicate and advance the mission and ministries of women religious.

[GHR Foundation](#) exists to be of service to people and their limitless potential for good. For more than 50 years, the legacy of Opus Group founders Gerald and Henrietta Rauenhorst (GHR) has steered our optimistic and transformational philanthropic approach. Alongside our partners around the world, GHR re-imagines what's possible when pursuing change across our areas of impact: Education, Global Development, Alzheimer's Prevention and more.